## CICLO DE NIVELACIÓN

# THE FOUNDATIONS OF ENGLISH LANGUAGE

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ENSEÑANZA EN LENGUAS







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#### **PREFACE**

This material has been designed for the language lessons taught at the Introductory Course of the English programs at Facultad de Lenguas, Universidad Nacional de Córdoba. Its purpose is to provide students with the necessary knowledge for building up their written and oral skills in the English language.

The book offers a holistic approach to language learning, integrating listening, speaking, reading, and writing skills. Its content has been carefully selected and designed to align with the Language I syllabus, offering foundational knowledge that will be expanded on throughout the five-year degree program. It is organized into four thematic units –The Fashion Industry, Travel Destinations, Celebrities and World Leaders, and Personal Narratives–, which include different types of texts, activities, and interactive exercises.

We hope this material will be a valuable resource for your academic journey, foster a passion for the English language, and promote continuous learning and self-improvement.

The Authors

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## CHAPTER 1 THE FASHION INDUSTRY

## CHAPTER 1 THE FASHION INDUSTRY

#### WARM-UP DISCUSSION



- 1. Pair work. Before listening to the TED Talk "Wearing Nothing New" by Jessi Arrington, discuss the following questions orally.
  - 1. Are you obsessed with fashion?
  - 2. Where do you buy your clothes?
  - 3. Do you spend a lot of money on clothes?
  - 4. Do you go second-hand shopping?
  - 5. What are the benefits of buying second-hand clothes?
  - 6. Do you carefully plan your everyday outfits?
  - 7. Do you think the colour of your clothes has an impact on your mood?

### VIDEO SESSION: TED TALK "WEARING NOTHING NEW" BY JESSI ARRINGTON



2. Jessi Arrington is a graphic designer and outfit obsessed. Listen to her talking about thrifting and the importance we ascribe to clothing. Then, complete the following sentences:



https://youtu.be/SYwvyjIDk8o

#### **EXAMPLE**

Jess	i loves	photogr	aphing	and <u>l</u>	blogging	a di	fferent,	colorful,	crazy	outfit for	every
sing	le <u>occa</u>	<u>ısion</u> .									

1. She gets all her clothes from from markets and
2. Secondhand shopping Jessi to reduce the impact herhas on the and on her wallet.
3. Jessi asserts it is almost impossible to be in a bad when you're wearing bright red when you're
4. Jessi considers that if you believe you're a beautiful person, there is no
5. Developing a personal is a powerful way to tell the world something about you without having to say a word.
<b>6.</b> The lesson Jessi is trying to learn herself is that it's fine to and donate clothes and don't get emotionally to it.
<b>7.</b> There is always going to be another crazy, colorful, outfit just it you put a little love in your heart and for it.

Source: TED. (April, 5 2025). Jessi Arrington: Wearing nothing new. [Video]. YouTube.

https://youtu.be/SYwvyjIDk8o

#### **VOCABULARY FOCUS: FASHION**



3. Make sure you know the meaning of the following words from the talk. Then classify them into nouns, adjectives and verbs in the table below.



Figure 1. Clothes Word Cloud.

NOUNS	AD JECTIVES	VERBS
		e.g. dress up

4. Match these words to get collocations taken from Jessi's talk. In some cases, more than one combination is possible.

EXAMPLE (thrift stores)	
thrift	a. something to wear
1. to wear	b. people
2. to look	c. outfit
3. flea	stores
4. shinny	d. phenomenal
5. outfit	e. look
6. secondhand	f. clothes
7. to cost	g. sequins
8. overrated	h. an impact on sb/sth.
9.sparkled with	i. a suitcase
10. attract	j. undies
11. to have	k. obsessed
12. to pack	l. market
13. to pick up	m. designer
14. casual	n. (you) a lot of money

5. Write grammatically correct, self-explanatory and meaningful sentences using the following items. Each sentence must have at least 8 words.

#### **EXAMPLE**

#### bargain

I found this leather jacket for only \$20 at a vintage store; it was a real bargain considering its great condition and original price!

1. dressing gown			
2. short-sleeved			
3. velvet			

4. to suit		
5. to zip	 	
6. to fit in		
7. to try on		
8. to wear		
9. to match		

#### 6. Clothing Vocabulary

CLOTHING ITEM	IS AND FOOTWEAR
dress	anorak
evening dress	raincoat
skirt	swimming shorts
shorts	socks
blouse	stockings
top	tights
cardigan	bra
bell-bottoms	slip
dressing gown	briefs
vest	underpants- pants
shirt	pyjamas
T-shirt	nightdress
waistcoat	sandals
jumper	trainers
pullover	boots
cardigan	shoes
overalls	laces
tracksuit	flat shoes
sweatshirt	high-heeled shoes
running vest	

ACCE	SSORIES
cap handbag purse hat tie belt	gloves scarf earrings necklace broach bracelet
DESIGN	MATERIAL
plain patterned striped spotted shecked loose ≠ tight v-necked short-sleeved long-sleeved sleeveless	silk wool cotton linen leather velvet lycra
KINDS OF CLOTHES	ADJECTIVES
casual clothes ≠ formal clothes fancy clothes smart clothes designer clothes	outdated/old fashioned fashionable/stylish/chic/modern/trendy loose ≠ tight

#### RELATED VOCABULARY AND VERBS

stall stand

shopping centre shopping mall

boutique

brand franchise

department store

bargain

second-hand

sale sales

complaint

guarantee

shop

go shopping

go window-shopping

do the shopping

shop around

buy on credit

buy by mail order

wear

get dressed

take off

put on

to button up/ to unbutton

to zip/ to unzip

try on

to follow the latest fashion

#### 7. Name each garment.

#### **EXAMPLE**: sunglasses







Figure 3. Clothes Set 2.

### 8. Complete the following sentences with suitable vocabulary from the list presented in 6.

#### **EXAMPLE**

Bell-bottom jeans used to be popular in the 70s, but now they are <u>outdated</u> and <u>old fashioned</u> .
1. Before buying clothes, it's a good idea to them to make sure they fit.
2. These pants are too; I need a smaller size.
3. She wore a sweater for the party and it was itchy.
4. He looked very stylish in his suit and
<b>5.</b> She completed her outfit with a beautiful that she got for her birthday.
6. He prefers jackets made of because they are durable and stylish.
7. She loves wearing because they are comfortable and keep her feet warm.

#### 9. Fashion Collocations.

#### Wear (wore - worn)

On your body: clothes, shoes, jewellery, glasses.

To have your hair/beard in a particular style or shape: plaits/braids, a bob, a goatee, a moustache.

To have a particular expression on vour face: a smile, a frown, a grin.

#### Carry (carried - carried)

Lift and take, to hold something in vour arms/hands to take it somewhere, to take it from one place to another: a bag, an umbrella, flowers, a child. groceries, a basket.

To have with you in your pocket, on your belt, in your bag: money, identity card, a gun.

#### Hold (held - held)

To have something in your hands or arms: a bag.

To own something: money, a bank account, passport, a company, an opinion.

To hold hands (fixed expression).

#### Fit

Past tense: fitted (also fit AmE).

If a piece of clothing fits you, it is the right size for your body. His clothes did not fit him very well. / The uniform fitted her perfectly. / The jacket's fine, but the trousers don't fit. / I know this dress is going to fit you like a glove.

Use fit to say that clothes are not too big or too small! Use suit to say that clothes look attractive on someone. That dress fits, but it doesn't suit me.

#### Match

(no preposition)

One thing matches another or two things match.

If one thing matches another or if two things match, they look attractive together because they are a similar colour, pattern, etc. Her dress matched her shoes.

Look the same: two things that match look the same because they are a pair: Your socks don't match.

Well-matched / **ill-matched**: a well-matched pair.

#### Put on/off

#### Something (phrasal

verb): to put a piece of clothing on your body ( $\neq$  take off). He took off his uniform and put on a sweater and trousers. / I'll have to put my glasses on; I can't read the sign from here.

On skin: to put make up, cream, etc. on your face. I've got to put this cream on twice a day.

**Weight/ 12lbs / 4kg:** to become fatter and heavier. *Rosie's* put on five kilos since she quit smoking.

#### Suit

Clothes / colours that suit you make you look attractive. That coat really suits Paul. / Red suits you. / Jill's new hairstyle doesn't really suit her.

#### 10. Describe the following people's physical appearance and outfits.



Figure 4. Young Man in Winter Clothes.



Figure 5. Young Woman in Casual Clothes.



Figure 6. Young Woman in Dress.

#### Picture A

#### **EXAMPLE**

He is a chubby man with fair skin, freckles, and a friendly smile. His red hair and long red beard are bright. He is wearing a white shirt, blue jeans rolled up at the bottom, and a long brown anorak with a fur-lined hood. His casual outfit makes him seem friendly and cheerful.

Picture B		
Picture C		

#### SPEAKING FOCUS: FASHION DEBATE



#### 11. Group work. Discuss the following quotes and/or sayings:

- "You do not have to spend a lot of money to look great".
- "Confidence is key. If you think you look good in something, you almost certainly do. And if you don't think you look good in something, you're also probably right".
- "Gold sequins go with everything".

#### READING FOCUS: THE FAST FASHION INDUSTRY



#### **Before Reading**

12. Before reading a text about the fast fashion industry, answer the following quiz.

#### **EXAMPLE**

What does 'fast fashion industry' refer to?

- a) An industry that specializes in producing high-quality and durable garments.
- b) An industry of the clothing market that focuses on quickly producing high volumes of trendy apparel at affordable prices.
- c) An industry that promotes sustainability and the use of organic materials in clothing production.
- 1. Which of the following brands is commonly associated with fast fashion?
  - a) Zara
  - b) Gucci
  - c) The North Face
- 2. What is a common practice of fast fashion brands?
  - a) They release new collections infrequently, focusing on timeless designs.
  - b) They often release new collections frequently to keep up with consumer demand and encourage frequent purchases.
  - c) They only produce seasonal collections that last for several months.
- 3. What is a major environmental concern associated with fast fashion?
  - a) Increased biodiversity
  - b) Water pollution and waste
  - c) Improved air quality
- 4. How does fast fashion typically affect labor practices in developing countries?
  - a) It improves working conditions and wages.
  - b) It often leads to exploitation and poor working conditions.
  - c) It creates more job opportunities with fair pay.

13. Read the following text about the fast fashion industry. Then, do the activities that follow.

#### The Fast Fashion Industry

The term "fast fashion" refers to the quick production of affordable, low-quality clothing that frequently imitates the trendy designs of high-end fashion brands.

The term was coined by the New York Times in 1990, when the retail store Zara entered the US market. Zara's goal was to take only 15 days to design and sell a garment in stores. Some of the factors that contribute to the popularity of fast fashion are the following:

Affordability: Fast fashion brands offer trendy clothing at low prices, making fashion accessible to a broader audience.

Trend responsiveness: Fast fashion retailers can quickly produce and distribute clothing that aligns with the latest trends, allowing consumers to stay on-trend without waiting for traditional fashion cycles.

**Social media influence**: Social media platforms like Instagram and TikTok play a significant role in promoting fast fashion trends. Influencers and celebrities showcase these brands' clothing, creating demand and urgency to buy.

**Peer pressure**: Some people feel pressured to keep up with the latest trends, which encourages them to buy new clothes regularly.

Fast fashion brands offer low costs, quick production, and high-volume sales, but their impact on the environment, labor rights, and social well-being raises ethical concerns. In order to keep production costs low, fast fashion items are often made from non-renewable, non-biodegradable materials like polyester, which takes a long time to decompose. In addition, fast fashion leads to waste as consumers frequently discard clothes after only a few wears because of their poor quality or changing trends. Apart from that, fast fashion garments are often made by underpaid workers who work long hours in unsafe conditions and are exposed to harmful chemicals.

To conclude, even though fast fashion brands often prioritize low costs, quick production, and high-volume sales, their negative impacts affect various aspects of society, the economy and the environment.

#### 14. Use the following words and expressions taken from the text to fill in the blanks.

fashion - overconsumption - retailers - turnover - to align with - outdated - trends - market - non-renewable - purchasing (adj)

#### **EXAMPLE**

Retailers need to keep up with the latest <u>trends</u> to attract fashion-conscious customers.

- 1. The high ...... of garments ensures that stores always have new items on display.
- **2.** It's important for brands to ...... with consumer preferences to stay relevant in the market.
- 3. ..... decisions should be made carefully to avoid cluttering your wardrobe with unnecessary items.
- **4.** Dressing in ...... styles can make you feel disconnected from current fashion trends.
- 5. Choosing ...... materials over renewable ones can have long-term environmental consequences.
- **6.** Many young people follow social media influencers to stay updated on the latest ...... trends.

7. The fashion is highly competitive, with brands constant launching new collections to attract consumers.
8. The big supermarkets have forced many independent out of business.
9in the fast fashion industry contributes to massive textile wast and environmental pollution.
15. Decide whether the following statements are true (T) or false (F). Correct th false ones.
EXAMPLE
Fast fashion refers to the rapid production of inexpensive clothing collections the quickly follow the latest trends. $T$ or $F$
1. The term "fast fashion" was coined by Vogue in 1990. <b>T or F</b>
2. Fast fashion brands typically prioritize high costs and slow production. <b>T or F</b>
3. Zara aimed to have a garment go from design to store shelves in just 15 day T or F
4. Affordability is one of the factors which contributes to the popularity of fastishion. Tor F
<b>5.</b> Social media platforms like Instagram and TikTok do not influence fast fashio trends. <b>T or F</b>

7. Fast fashion promotes sustainable and ethical labor practices. T o	r F
<b>8.</b> Circular fashion contributes to waste generation due to the frequof low-quality clothing. <b>T or F</b>	_
9. Addressing the negative impacts of fast fashion requires awaren from consumers, the clothing industry, and governments. T or F	
16. Ask questions for the following answers connected to the text.	
EXAMPLE	
Which retail store entered the US market?	
The retail store Zara entered the US market.	
1	
<b>1</b> Zara entered the US market <u>in 1990</u> .	
Zara entered the US market <u>in 1990</u> .	
Zara entered the US market <u>in 1990</u> .	

5
Fast fashion brands offer low costs, quick production, and high-volume sales.
6
Fast fashion brands offer trendy clothing at low prices <u>to make fashion accessible</u> to a broader audience.
7
•
8
Fast fashion affects the environment <u>by creating waste and using non-renewable materials</u> .
9

#### **After Reading**



Figure 7. Students in Common Room.

17. In pairs, list some of the pros and cons of the fast fashion industry. Then, discuss them with the rest of the class.

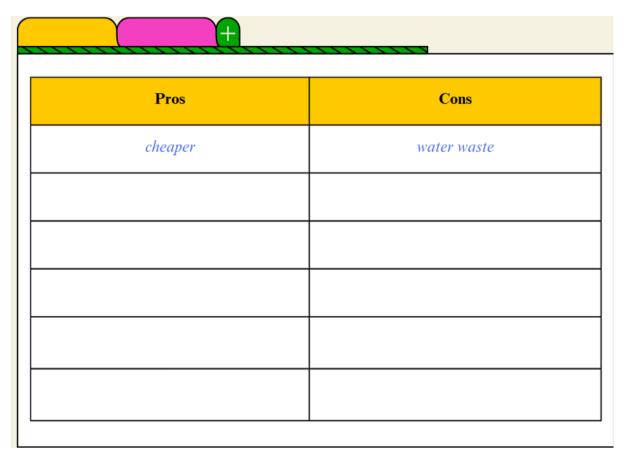


Figure 8. Pros and cons chart.

#### WRITING FOCUS A: PARAGRAPH WRITING



#### What is a paragraph?

A paragraph is a group of related sentences that focus on a single idea or topic.

A basic paragraph has three main parts: a topic sentence, supporting sentences and a concluding sentence.

- 1. Topic Sentence: a sentence that expresses the main idea of the paragraph. It is usually the first sentence in the paragraph.
- 2. Supporting Sentences: sentences that "develop the topic sentence by giving specific details about the topic" (Oshima & Hogue, 1997, p. 75). In order to develop the topic sentence of your paragraph, you have to provide support and then more specific supporting details such as examples, facts, statistics, reasons, explanations, narratives of personal experiences, or quotations that can help you prove why the topic sentence is true.
- 3. Concluding Sentence: a sentence that summarizes the main points or restates the topic sentence.

#### Remember that:

- The opening line of a paragraph is typically indented.
- The topic sentence should be clear and concise.
- Every sentence within a paragraph focuses on the same topic.

#### Analysis of a model paragraph

18. Read the paragraph below and identify its main parts. Mention the lines where you can find them. Use the following table.

PARTS	LINES
Topic sentence	EXAMPLE: 1, 2
Supporting sentences	
Supporting details	
Concluding sentence	

In today's world, fashion trends change rapidly, and many people are looking for ways to shop more affordably and sustainably. One great option is purchasing 2 second-hand clothes, which offers several benefits, including saving money, 3 reducing environmental impact, and finding unique fashion items. First and 4 foremost, second-hand clothing is much more affordable than buying brand-5 new items. Thrift stores and online resale platforms provide stylish clothing at a fraction of the price, allowing shoppers to stay fashionable without overspending. 7 Moreover, buying second-hand is an environmentally responsible choice. The fast 8 fashion industry generates excessive waste and pollution, but reusing clothes 10 helps minimize textile waste and lower the demand for new production. As a 11 result, it reduces carbon emissions and conserves valuable resources such as 12 water and energy. Lastly, second-hand shopping allows people to discover one-of-13 a-kind fashion pieces that are not available in mainstream stores. In conclusion, 14 choosing second-hand clothing is a smart and sustainable way to shop while also 15 embracing individuality.

19. Highlight the linkers that connect the ideas in the previous paragraph. Then, transcribe them on the table below.

LINKERS/CONNECTORS			
EXAMPLE: first and foremost			

20. Write two well-developed paragraphs of about 150 and 170 words on the following topics: the advantages and the disadvantages of the fast fashion industry. Before writing each of the paragraphs, make an outline with the ideas developed in activity 12.

#### **Outline:**

#### Advantages of the Fast Fashion Industry

The fast fashion industry has three main benefits. Firstly.

•	•
	<b>3</b> ,
	Thirdly,
All in all,	
,	
Outline:	
Disadvantages of the fast f	fashion industry
•	•
Some disadvantages of the fast fashion industry	/ are,
•	/ are To begin with,
Some disadvantages of the fast fashion industry	/ are To begin with,
Some disadvantages of the fast fashion industry and	, are To begin with,
Some disadvantages of the fast fashion industry and	/ areTo begin with,
Some disadvantages of the fast fashion industry and of	/ are To begin with,
Some disadvantages of the fast fashion industry and of	, are
Some disadvantages of the fast fashion industry and of	, are
Some disadvantages of the fast fashion industry and of Another disadvantage is	/ are
Some disadvantages of the fast fashion industry and of	, are
Some disadvantages of the fast fashion industry and of Another disadvantage is	, are

#### **Outline:**

#### Disadvantages of the fast fashion industry

Some disadvantages of the fast fashion industry are and	
ofisis	
Another disadvantage is	
To conclude,	
To conclude,	

#### WRITING FOCUS B: DESCRIPTION OF PEOPLE



21. When describing someone, the simple present tense is mostly used. The order of the information is typically organised as follows:

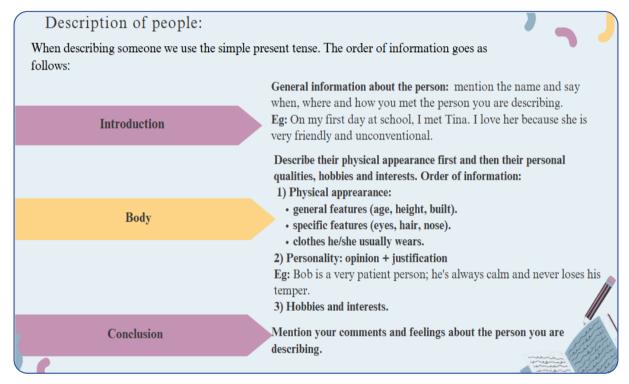


Figure 9. Description of People.

22. The following is a description of Sara. Order the scrambled sentences taking into account the sequence provided in the chart above.

**EXAMPLE**: Number 1 has been done as an example.

A. Sandra has been my close friend for two years. I first met her on a school trip to Brighton, England. We've been friends ever since.

	B. All in all, I'm glad to have her as my friend. It's a pleasure to be with her and I really enjoy her company. I'm sure we'll always be close friends.
	C. She is very keen on all types of sports. She likes tennis and spends a lot of time at the club. She enjoys scuba diving too and other water sports such as surfing.
	D. Sandra is very beautiful. She's tall and slender with olive oil skin and curly brown hair. She has a great sense of style, so she always looks well-dressed.
23.	Complete the following sentences with the correct linking word/phrase.
	EXAMPLE
	and - but - with
	Bob is a tall man in his late twenties <u>with</u> dark hair and brown eyes. He has a beard <u>but</u> he hasn't got a moustache. He likes wearing jeans, T-shirts <u>and</u> trainers.
	1. and - with - who
	Jenny is a pretty child will soon be eight years old. She is quite tall for her age, long curly hair, big almond-shaped eyes a wide smile.
	2. as well as - both
	Helen is cheerful and friendly. She is polite kind-hearted. She never says a bad word about anyone.
	3. however - and - also
	Carl is very intelligent always gets fantastic marks in all his tests.  He is creative and likes to write short stories
	Carl is rather shy and feels uncomfortable speaking in front of a lot of people.

24. Use the words and the connectors given to complete the following sentences about these celebrities.

#### **Jennifer Aniston**

- love / go cinema
- love / read
- hate / watch T.V.



Figure 10. Jennifer Aniston Photo.

Use: both - however

#### **EXAMPLE**

Jennifer Aniston loves both going to the cinema and reading. However, she hates watching TV.

- 1. Adam Sandler
- famous actor / keen on / read.
- quite short / play basketball.
- athletic and sporty



Figure 11. Adam Sandler Photo.

#### Use: who - although - because

Adam	Sandler is	is kee	n on	١	
he	quite short, he			basketball	
he is					

#### 2. George Clooney

- middle-aged man / great sense of style
- witty / rather unfriendly with his audience



Figure 12. George Clooney Photo.

#### Use: with - even though

George Clooney is a middle aged man ...... he is ...... with the audience.

#### 3. Angelina Jolie

- tall / slender / highly attractive
- full lips / almond shaped eyes
- very well-dressed



Figure 13. Angelina Jolie Photo.

#### Use: and - who - in addition

Angeline Jolie is a	and	woman	is highly attractive
She has full lips and			, she is always

#### REMEMBER!

Supporting sentences develop the main idea presented in the topic sentence. When writing supporting sentences you should give examples, reasons, or descriptions to support your topic sentence. There are usually 2 - 3 supporting sentences in a paragraph.

#### 25. Write supporting sentences using the structure given.

#### **EXAMPLE**

John is a very attractive person. He has bright blue eyes and a charming smile. Besides, every moment spent with him is absolutely worthy. Nevertheless, he can be quite arrogant at times.

1. Sophie is a very shy woman in her forties. She is alwaysbut she sometimes
2. My best friend is the most friendly person I've ever known. He has and never
3. My brother Adam is quite arrogant. He tends to look down on others. In addition he refuses to listen to anyone else's ideas. Moreover,
4. Harry is known for being extremely extroverted. He enjoysand always

#### 26. Writing:

- 1. Think of an important person in your life you'd like to describe.
- 2. Brainstorm ideas and complete the following diagram.

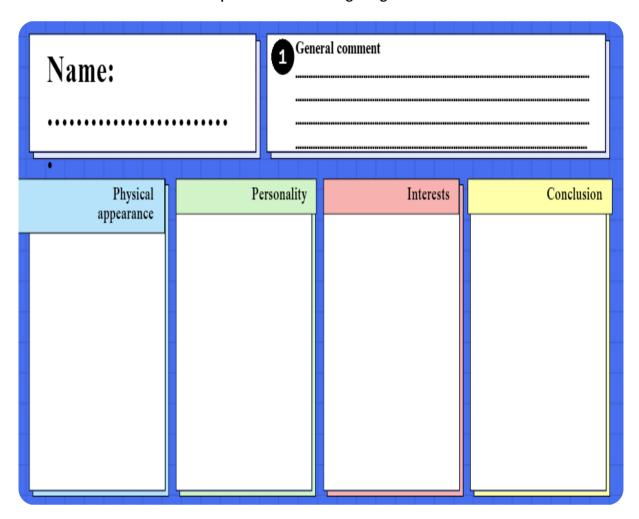


Figure 14. A Very Important Person to me: Brainstorming.

words on the following topic: "A Very Important Person to Me".					

27. Use the information in the diagram above to write a description of about 120-150

## CHAPTER 2 TRAVEL DESTINATIONS

# **CHAPTER 2** TRAVEL DESTINATIONS

# WARM-UP DISCUSSION



1. Play the following Kahoot online to learn about Hawaii. (You will need to create an account if you don't have one already.)



https://create.kahoot.it/share/hawaii/cc85a2c4-e5c5-4fec-9846-b3ebf2334d90

# **VIDEO SESSION: HAWAII**



2. Watch the video about Hawai'i up to minute 3.50' and choose the correct answer.



https://www.youtube.com/watch?v=XhHwGolzQmg&ab\_channel=Expedia

#### **EXAMPLE**

What is the main purpose of the text?

- a). To describe the geography of the North Pacific Ocean.
- b). To explain the unique Polynesian culture of Hawaiians.
- c). To introduce the island of Hawaii and its natural wonders.
- d). To provide a historical overview of the Hawaiian Islands.
- 1. Where does the island of Hawaii lie?
- a). In the Indian Ocean.
- b). In the Arctic Ocean
- c). In the North Pacific Ocean.
- d). In the Atlantic Ocean.
- 2. Which of the following is NOT mentioned as a natural wonder on the Big Island?
- a). Red hot lava flow.
- b). Lush green jungle.
- c). Steaming craters of the Kilauea Volcano.
- d). Black lava beaches.
- 3. What can visitors do in Kaloko Honokahau National Historical Park?
- a). Swim with Pacific green sea turtles.
- b). Explore ancient Hawaiian temples.
- c). Learn about the history of Captain Cook Village.
- d). Enjoy the sunshine and try stand-up paddle boarding.
- 4. Where was Captain Cook killed?
- a). In Mauna Kea Beach.
- b). In Kealakekua Bay.
- c). In Pu'uhonua'o Honau'onau National Historical Park.
- d). In Hawai'i Volcano's National Park.
- **5.** Which city on the Big Island is known for being one of the wettest cities in the U.S.?
- a). Kailua Kona
- b). Hilo

- c). Kapa'ao
- d). Hawi
- 6. What is the main attraction of the Hawaii Volcano's National Park?
- a). The birthplace of Kamehameha I.
- b). The historic and rustic towns of Kapa'ao and Hawi.

Which is the largest and youngest island in Hawaii?

6. What can you do in Hilo when it's raining?

- c). The steaming craters of the Kilauea Volcano.
- d). The sprawling forest reserves of Hawaii's lush northern region.
- 3. Watch the video again and answer the following questions fully.

#### **EXAMPLE**

The largest and youngest island in Hawaii is The Big Island. 1. Which is the significance of Pele on the island? 2. What can you do in Kaloko-Honokohau National Historical Park? 3. Which historical event took place in Kealakekua Bay? 4. What can you see at Pu'uhonua o Honaunau National Historical Park? 5. Which is the main attraction of Hawaii Volcanoes National Park?

# READING FOCUS: DUBAI AND AMAZING CITIES



# **Before Reading**

4. Look at the map and try to answer the questions below.



Figure 15. Map.

# Do you know ...

what the acronym U.A.E. stands for? <u>United Arab States</u>
where the country is located?
which its capital city is?
how many emirates it consists of?
what the difference between a country and an emirate is?

# 5. Read the description of Dubai. Then, match these headings with their corresponding paragraphs.

#### **EXAMPLE**

#### Business Hub: paragraph 4

- a). Luxury Lifestyle
- b). Vision for the Future
- c). Cultural Diversity
- d). Skyline and Architecture
- e). Tourist Attractions
- f). Year-Round Sunshine



Figure 16. Dubai.

Dubai is one of the seven emirates that make up the United Arab Emirates (UAE). It is located on the southeast coast of the Persian Gulf. This amazing city is known for its modern architecture, luxury shopping, vibrant nightlife, and dynamic cultural scene.

Dubai is an expensive city to live in and visit. The cost of living, especially in terms of accommodation, dining out, leisure activities and entertainment, is quite high compared to many other cities around the world. However, this city also offers a wide range of experiences and opportunities that cater to different budgets and preferences. Finding the right balance between cost and quality often depends on individual choices and priorities.

Here's a detailed description of Dubai:

1 ....... The city is famous for its futuristic skyline dominated by iconic skyscrapers such as the Burj Khalifa, the tallest building in the world, and the sail-shaped Burj Al Arab hotel, one of the top attractions to visit in

Dubai. The cityscape is a blend of traditional Arabian architecture and cuttingedge modern design.
2
3
4 <u>Business Hub</u> : The city has positioned itself as a global business and financial center, attracting multinational corporations and entrepreneurs from around the world. It hosts major international conferences, exhibitions, and events, bolstered by state-of-the-art infrastructure and a business-friendly environment.
5
6

7	Dubai aims to become one of the world's leading smart
cities. It is	constantly developing ambitious projects characterized by a blend of
technologi	cal innovation, sustainable development, economic diversification,
cultural vi	brancy, and a focus on enhancing the well-being of its residents. It
continues	to evolve and adapt to global trends while maintaining its unique
identity as	a city of the future.

Overall, Dubai is a city of contrasts where tradition meets modernity, offering visitors and residents alike a unique blend of luxury, culture, and opportunity in the heart of the Arabian desert.

#### 6. Ask questions for the following answers connected to the text.

# **FXAMPIF** Where is Dubai located? It is located on the southeast coast of the Persian Gulf. The city is famous for its futuristic skyline dominated by iconic skyscrapers. Expats and immigrants make up a significant portion of the population. The city has positioned itself as a global business and financial center. It hosts major international conferences, exhibitions, and events. 5. ..... Dubai offers a variety of attractions for visitors. Rainfall in Dubai is sporadic and often unpredictable.

7. .....

Aircraft disperse substances into the air to create cloud condensation and potentially induce the formation of rain or snow.

7. Take a look at the following list of Dubai's main attractions and do the activity that follows.

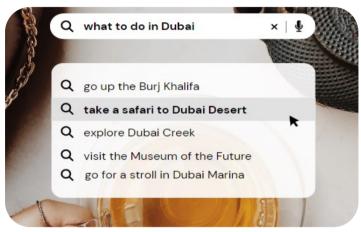


Figure 17. What to Do in Dubai.

8. Match the pictures of Dubai's main attractions with their corresponding descriptions.

**EXAMPLE**: Picture 1, description number 4



Figure 18. Visit Dubai.

The Burj Khalifa is the tallest building in the world. It's a symbol of Dubai's rapid development and ambition. This iconic skyscraper was completed in 2020 and offers breathtaking views from its observation decks.

The Dubai Desert Safari is a popular and thrilling experience that offers visitors a chance to explore the vast Arabian Desert. You can enjoy dune bashing in a 4x4 vehicle, ride camels and try sandboarding.

The Dubai Creek is a portion of the river that separates the city of Dubai into Deira and Bur Dubai. It's an area where you can find old-style markets, heritage buildings and museums. Visitors can take traditional wooden boats, known as "abras", explore the bustling "souks" (markets) and visit cultural landmarks.

The Museum of the Future welcomes people of all ages to see, touch, and shape the future through exhibitions, an immersive theater and themed attractions. You can go on a journey through possible futures and bring hope and knowledge back to the present. You can, for example, see what Dubai will look like in the year 2071.

Dubai Marina Walk is a vibrant waterfront with high-class shopping and leisure complexes in the bustling center of New Dubai. You can walk along the tree-lined promenade and enjoy an ideal spot to capture the beauty of the golden city.

Figure 19. Visit Dubai.

# **VOCABULARY FOCUS: TRAVEL DESTINATIONS**



### 9. Place the words in the box in the correct category.

city of contrasts - known for - leisure - to cater to - high-end - to be home to despite - a melting pot - while - to pride oneself on - to host - characterized however - scorching - mild - throughout - ideal destination unpredictable sustainable - overall - in the heart of - especially enthusiasts - beyond - to aim to

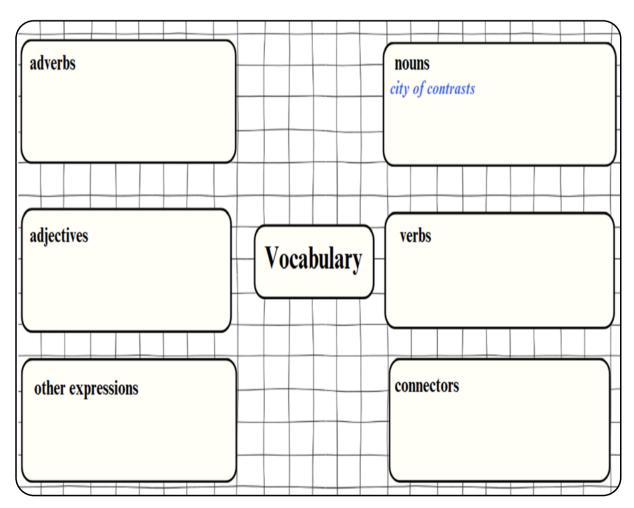


Figure 20. Word map.

10. Use the following words/phrases in meaningful sentences of at least eight words	•
EXAMPLE	
to aim to  We aim to finish our group project by Friday so we can present it on time.	
1. to be home to	
2. diverse city	
3. known for	
4. unpredictable	
5. a melting pot	
6. skyscraper	
7. bustling	

8. landmark		
9. journey		



Figure 21. Accommodation.

# Types of Accommodation

11. Look for information about the following types of accommodation. Then, complete the following chart with the advantages and disadvantages of each of them.

TYPES OF ACCOMMODATION	ADVANTAGES	DISADVANTAGES
Package tour  AMAZING THAILAND A NIGHTS 5 DAYS  PROPRESENT OF THE PARTY OF THE PART	e.g. Everything is planned for you, including transportation, accommodation, and activities.	e.g. You have less freedom to explore on your own as the schedule and destinations are fixed.

TYPES OF ACCOMMODATION	ADVANTAGES	DISADVANTAGES
Resorts		
Figure 23. Fiesta Resort.		
Self-catering accommodation  Figure 24. Self.catering holiday.		
Guest house  Figure 25. Guest house.		
B & B  Bed  Breakfast  Figure 26. B & B.		
Campsite  Figure 27. Campsite.		

12. Choose one type of accommodation from the previous chart and write ideas about its pros and cons.

**EXAMPLE**: campsite

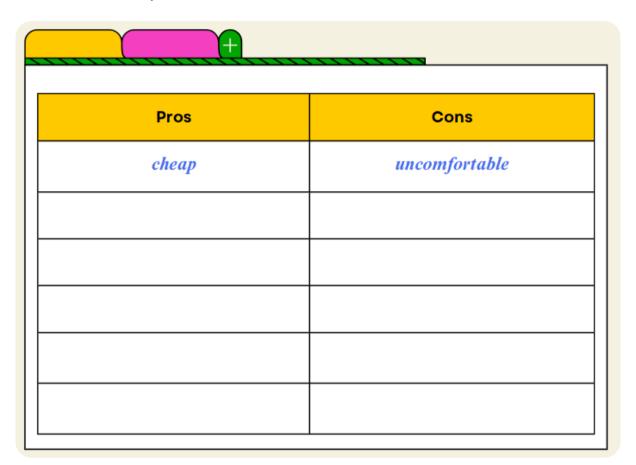


Figure 28. Pros and cons chart.

# WRITING FOCUS: LISTING DISADVANTAGES



13. Write a well-developed paragraph of around 150 and 170 words about the disadvantages of the type of accommodation you have chosen.

# Research Work: Couchsurfing

14. Have you ever heard about couchsurfing? Explore its official website carefully and complete the following sentences.

https://about.couchsurfing.com/about/how-it-works/

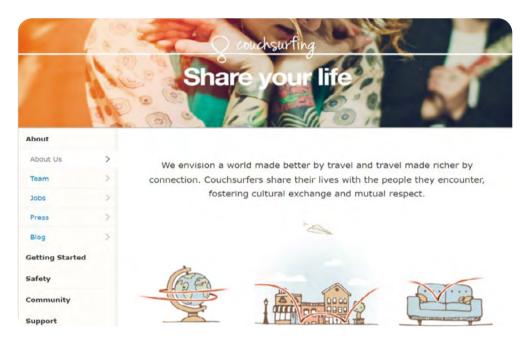


Figure 29. Couchsurfing.

#### **EXAMPLE**

Couchsurfing is a service that connects members to a global community of travelers.

People use couchsurfing to
To join the couch surfing community you need to

	Once you have searched for the city you like, you have to get in touch with
 4.	When you find a potential host,
5.	Make sure to and tell your host
	If you are unable to host, you can still
<b>7.</b> 	If someone in a Hangout makes you uncomfortable,
8. 	If something doesn't work out with your host,
9. 	If you're heading to an event or joining a Hangout,
10.	Whenever you are traveling, you need to be informed about
 11.	If your experience is negative,

L2.	When you communicate with your host or other couchsurfers, never

15. Why do people go couchsurfing? Go to the getting started tab of the website and watch the introductory video series. Then, write down the reasons why people consider couchsurfing when traveling.



https://youtu.be/CYHz-t7eqog?si=vZ3xHLDWHcMr1aoT

#### **EXAMPLE**

It is a really great genuine way to meet people.

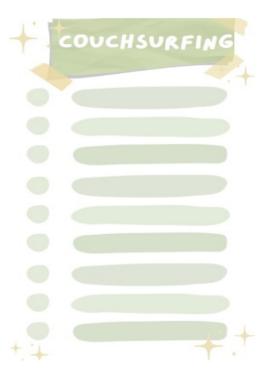


Figure 30. Reasons why people consider couchsurfing.

Figure 31. Prompts.

# SPEAKING FOCUS: DESCRIPTION OF PLACE



16. Imagine your partner is a tourist who is visiting the city where you live, and he/she wants to know about it. Look at the pictures and use the vocabulary below to talk about Córdoba city. Your partner may ask you questions in order to get some more information.

#### **EXAMPLE**

What is it famous for?



Figure 32. Cordoba.

17. In pairs, choose one of the following cities, find information about it and describe it orally.





Figure 33. Tokyo, Japan.

# Siena in Italy



Figure 34. Siena, Italy.

# **VOCABULARY FOCUS: ADJECTIVES TO DESCRIBE PLACES**



18. Look up the meaning of these adjectives in a monolingual dictionary. Choose five of them and make meaningful and grammatical sentences of around 8 words.

https://dictionary.cambridge.org/ - https://www.ldoceonline.com/



Figure 35. Word cloud: Adjectives.

#### **EXAMPLE**

New York is a cosmopolitan city where people from all over the world live, work, and share their cultures.

# WRITING FOCUS: DESCRIPTION OF PLACES



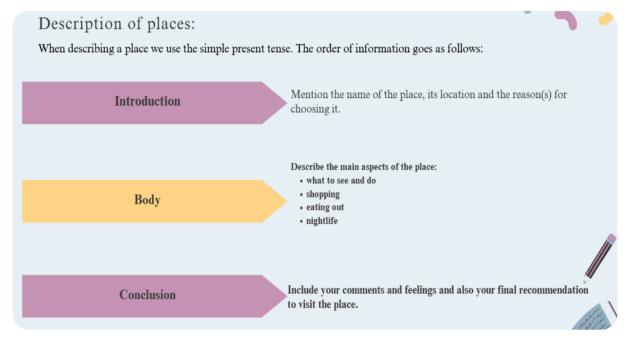


Figure 36. Description of places.

19. Unscramble the description of Mar del Plata. Put numbers from 1-6 in each paragraph according to the correct sequencing of the information.

**EXAMPLE**: Number 1 has been done as an example.

A. The nightlife in Mar del Plata is very exciting. There are a lot of music and dance clubs which are extremely popular with young people. The area is also well-known for its fashionable restaurants, which offer a variety of international cuisines.

One of them is the harbor, which is a beautiful place to go for a walk and admire sea wolves. Another attraction is its luxurious casino, named "Casino Central" which opened to the public in 1939.
C. Mar del Plata is a large city on the coast of Argentina. It is located fou hours away from Buenos Aires. This city is a charming seaside resort and the perfectestination for a peaceful weekend.
D. Mar del Plata is a town that has something to offer for everyone Whether you want to spend your time shopping, seeing the sights, simply relaxing or enjoying the fresh sea air, it is the ideal choice for a few days away from the city
E. There are plenty of places to go shopping in Mar del Plata. One of then is the large modern shopping mall, situated in the city center. There are also narrow lanes full of lovely antique shops that are always bustling with tourists.
20. Make sentences using the prompts given.
EXAMPLE
EXAMPLE  London: popular - remarkable attractions - worth visiting - unpredictable - storm and misty  Linkers: with (initial position) - however - since
London: popular - remarkable attractions - worth visiting - unpredictable - storm
London: popular - remarkable attractions - worth visiting - unpredictable - storm and misty Linkers: with (initial position) - however - since  With its remarkable attractions and popular landmarks, London is a destination worth visiting. However, its weather is rather unpredictable, since it can be storm
London: popular - remarkable attractions - worth visiting - unpredictable - storm and misty Linkers: with (initial position) - however - since  With its remarkable attractions and popular landmarks, London is a destination worth visiting. However, its weather is rather unpredictable, since it can be storm and misty most of the time.  1. Mexico: stunning - relaxing-sandy - strolls

-	variety - can't miss Linkers: which - where  oland: different - mysterious - exotic - recognizable - distant - hard weather inkers: even though - situated
•••••	

21. Think about your dream destination. Brainstorm ideas and complete the following diagram.

Name	of place:	MAIN INFORMATION	WHAT TO SEE/DO	SHOPPING NIGHTLIFE
	General information about the		Shopping	
	What to see & do		Nightlife	
$\times$	<b>A</b>	Final recommenda		

Figure 37. Description of places: diagram.

22. Now write a paragraph of about 150 and 170 words about your ideal destination using the information from your chart. Take into account the order you need to follow.

# CHAPTER 3 CELEBRITIES AND WORLD LEADERS

#### PART 1

## **CELEBRITIES**

# WARM-UP: TAYLOR SWIFT AND HER SUCCESS



- 1. Look at the picture of this famous person. How much do you know about her? In groups of four, discuss these questions:
- 1. Who is she? Where is she from?
- 2. What do you know about her background?
- 3. What type of music does she make? Can you name some of her famous albums?
- 4. Have you been to the Eras Tour? If so, what did you think of it?



Figure 38. Taylor Swift performs at the Monumental stadium.

2. In pairs, predict whether the following information is true (T) or false (F).

#### **EXAMPLE**

She was born on December 13, 1989, Harrisburg, Pennsylvania. T/F

- 1. When she finished high school, her family moved to Tennessee. T/F
- 2. Her first single, "Tim McGraw," wasn't that successful. T/F

- 3. When natural disasters struck Tennessee in 2023, she donated \$1 million to the Middle Tennessee Emergency Relief Fund to help aid in disaster relief. T/F
- 4. In 2024 she became the only person ever to win the Grammy Award for album of the year three times. T/F

# **VIDEO SESSION: TAYLOR SWIFT'S LIFE STORY**



3. Watch the video about Taylor Swift and choose the correct option.



https://youtu.be/mr6yWTfpclg

#### **EXAMPLE**

#### Taylor Swift was born on:

- a). 13th December 1999 b). 13th December 1989 c). 30th December 1989
- 1. Taylor Swift began performing at local events and fairs:
  - a). at the age of 13
- b). at the age of 15
- c). at the age of 14
- 2. She moved to Nashville Tennessee because:
  - a). Tennessee was the heart of the country music industry.
  - b). she wanted to study music at the University of Tennessee.
  - c). the most important recording industries are located in Tennessee.
- 3. Her first album showcased:
  - a). her support for feminism and LGBTQ community.
  - b). her knack for storytelling as a songwriter.
  - c). different musical styles.

#### 4. Her second album Fearless earned Swift:

- a). the Indie folk pop music award.
- b). the youngest artist award.
- c). the Album of the Year award.

#### 5. Swift has made a significant social impact through:

- a). her activism.
- b). charitable organizations.
- c). education relief work during the pandemic.

#### 6. Swift has become an influential figure in popular culture using her voice to:

- a). contribute to educational programs at the University of New York.
- b). address issues such as feminism, body positivity, mental health awareness and LGBTQ plus Community rights.
- c). deliver speeches at the University of New York.

# 7. Taylor has received an honorary Doctor of Fine Arts degree from New York University for:

- a). her advocacy for social issues.
- b). her achievements as songwriter and singer.
- c). her work and achievements as one of the most prolific and celebrated artists of her generation.

# **READING FOCUS: TAYLOR SWIFT'S LIFE**



#### 4. Read Taylor Swift's biography and do the tasks below.

Taylor Alison Swift was born on December 13, 1989, in Reading, Pennsylvania. She grew up on a Christmas tree farm with her parents, Scott and Andrea Swift, and her younger brother, Austin. Her maternal grandmother, Marjorie Finlay, was a professional opera singer and television star. At the age of 11, Taylor won a local talent competition by singing a rendition of LeAnn Rimes' "Big Deal". A year later, she began writing her own songs and learnt to play the guitar. At the age of 14, she moved to Nashville, Tennessee to pursue a career in country music.

The singer-songwriter released her self-titled debut album in 2006, which showcased her talent as a songwriter and performer. The album included hits such as "Tim McGraw" and "Teardrops on My Guitar," which led her to fame in the country music scene. Her subsequent albums, "Fearless" (2008) and "Speak Now" (2010), earned her widespread acclaim and numerous awards.

In 2012, Swift changed her music style into pop music through the album "Red", whose lead single was "We Are Never Ever Getting Back Together." This album marked a significant shift in her musical style as it incorporated elements of pop, rock and electronic music but still kept some of her country roots. In 2014, the album "1989" was released and consolidated her status as a pop superstar, with hits like "Shake It Off" and "Blank Space."

What makes her an outstanding artist is her ability to connect deeply with audiences through her lyrics, which are autobiographical. In her lyrics we can learn about her personal experiences and relationships. Additionally, Swift is known for using social media to advocate for artists' rights, gender equality and LGBTQ+ rights.

Swift's impact has gone beyond music as she has ventured into acting, with roles in films like "Valentine's Day" (2010) and "The Giver" (2014). As part of many philanthropic endeavors, she has donated funds to natural disasters and education initiatives.

With numerous awards, record-breaking albums, and sold-out tours, Taylor Swift remains one of the most influential figures in the music industry. All throughout her career, she has consistently reinvented herself but still maintains her authenticity as an artist and a large audience of loyal fans.

#### 5. Ask questions for the following answers connected to the text.

#### **EXAMPLE**

When was Taylor Swift born?
Taylor Swift was born <u>on December 13, 1989</u> .
•
1.
She was born <u>in Reading, Pennsylvania</u> .
2
She grew up <u>on a Christmas tree farm</u> .
3
She grew up with her parents, Scott and Andrea Swift, and her younger brother
Austin.
4
At the age of 11, Taylor won a local talent competition.
At the age of 11, Taylor won a local talent competition.
5
At the age of 14, she moved to Nashville, Tennessee, to pursue a career in country

6
The singer-songwriter released her self-titled debut album in 2006.
7
Her album "We Are Never Ever Getting Back Together" marked a significant shift
in her musical style <u>as it incorporated elements of pop, rock and electronic music</u> .
8
Her lyrics are characterized by autobiographical storytelling, often drawing from
her personal experiences and relationships.
9
She has become involved in various philanthropic endeavors.

# **VOCABULARY FOCUS: CELEBRITIES**



6. Reread the text and match the concepts with their corresponding definition.

**EXAMPLE**: 1h

VOCABULARY	DEFINITION	ANSWER
1. record-breaking	a. happening or existing in many places or among many people	h
2. widespread	b. the first song released from an album to promote it	
3. to reinvent c. to praise or approve of someone or something publicly		

VOCABULARY	DEFINITION	ANSWER
4. outstanding	d. to make something available for the public to see, hear, or buy	
5. to acclaim	e. when all tickets or items for sale have been bought or reserved	
6. to release	f. to change your appearance, behavior, or interests significantly to create a new identity	
7. rendition	g. a person who publicly supports or recommends a particular cause or policy	
8. philanthropic endeavors	h. achieving a result that is better than any previous one	
9. an advocate	i. excellent or extremely good	
10. to pursue	j. to follow or try to achieve a goal, like a career or education	
11. lead single	k. the idea that men and women should have equal rights and opportunities	
12. sold-out	l. to take ideas, inspiration, or information from a source	
13. to draw from	m. a particular way of performing or interpreting a song, piece of music, or poem	
14. gender equality	n. activities done to help others, especially by giving money or support to charities	

# Web Search: Taylor Swift

7. Complete the following chart with specific details from the text. Then, in pairs, research one aspect of Taylor Swift's life or career in more depth (e.g. early years in Pennsylvania, transition to pop music, etc). Present your findings to the class to share your search.

Early years in Pennsylvania	<b>EXAMPLE:</b> She grew up on a Christmas tree farm with her parents, Scott and Andrea Swift, and her younger brother, Austin.
Transition to pop music	
Themes of her songs	
Major performances	
Significant events	
Awards won	
Social impact and influence	

8. Group work: Create a timeline of Taylor Swift's life and career milestones. Remember to arrange the events in chronological order. You can use Canva and choose a template to create your timeline.

https://www.canva.com/

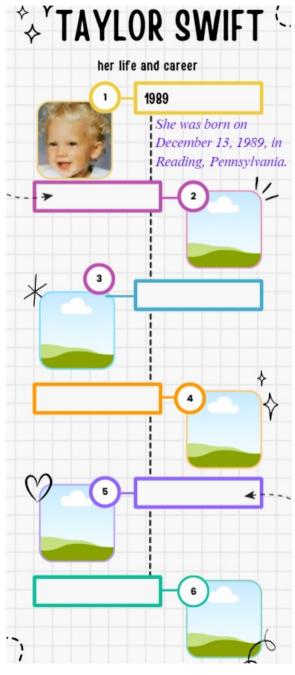


Figure 39. Taylor Swift Timeline.

# SPEAKING FOCUS: BEING A CELEBRITY



9. In groups, discuss these people's points of view. Whose point of view do you align with? Why? Add two arguments for or against.

Rebecca: "I think it's incredible how Taylor Swift's tour was able to bring in so much money into the economy. I mean, just look at how she made \$320 million for LA in just six nights! That's pretty impressive and shows how powerful her influence is."

#### **EXAMPLE**

	nk she has managed her career very well.  agree. Being influential is not a matter of how much mone	ey she
making suc	n not really a fan of Taylor Swift, so I don't see why everyone a big deal about her becoming a billionaire. There are other arti ho deserve more recognition for their work. I just don't get 1	sts

Sophia: "I'm torn on this whole situation. On the one hand, I appreciate how Taylor's music has brought joy to so many people and stimulated the economy. But on the other hand, I wonder if all this wealth could be better utilized elsewhere. It's a tough call for me."
<b>Tyler</b> : Seeing Taylor Swift reach billionaire status just hits me right in the feels. It's so inspiring to see a young woman achieve such success in the music industry. She's breaking barriers and paving the way for others, and that's just amazing."

10. In pairs, list some of the advantages and disadvantages of being a celebrity. Then, discuss them with the rest of the class.

#### **EXAMPLE**

PROS	CONS
e.g. you can earn a lot of money	e.g. you may have no privacy.

#### **WRITING FOCUS**

11. Write a well-developed paragraph of about 150 and 170 words about the advantages of being a celebrity. To develop ideas, you can focus on fame and recognition, career opportunities, high incomes and influence in shaping trends and raising awareness. Before writing your paragraph, complete the following outline in which the topic sentence has been written for you.

PARAGRAPH OUTLINE	
Topic sentence	EXAMPLE  The two/ three main advantages of being a celebrity are earning a lot of money and travelling a lot.
Supporting sentences	<ol> <li>1.</li> <li>1a.Supporting details/examples</li> <li>2.</li> <li>2a.Supporting details/examples</li> <li>3</li> <li>3a. Supporting details/examples</li> </ol>
Concluding sentence	To sum up,

The Benefits of Being a Celebrity	
For example,	
• .	

#### Chapter 3 / Celebrities and World Leaders

L	_ast,		
	instance,		
		• 1	

## PART 2 WORLD LEADERS

#### **WARM-UP DISCUSSION**



1. Read the following quote and explain its meaning.



Figure 40. Quote.

2. What makes a person a good leader? In groups, think about the qualities of a good leader and complete the following mind map.

#### **EXAMPLE**

A good leader influences and inspires others toward a common goal.



Figure 41. Mind map: A Good Leader.

#### VIDEO SESSION: MALALA YOUSAFZAI



3. Before watching and listening to Malala Yousafzai's interview, discuss the following questions orally.



Figure 42. Malala Yousafzai.

- 1. Who is Malala Yousafzai?
- 2. Where is she from?
- 3. Why is Malala Yousafzai world famous?
- 4. Which award has she received?



https://youtu.be/bEi8ADfYVEI

4. After watching the video, choose the correct option.

#### **EXAMPLE**

#### What is Malala fighting for?

- a). Getting more funding for schools.
- b). Providing free and safe education for all children.
- c). Improving the quality of education in developing countries.
- d). Reducing the burden in developing countries.

## 1. According to Malala, what is the biggest problem with education around the world?

- a). Natural disasters destroying schools.
- b). Lack of schools in many communities.
- c). Poor quality of education.
- d). 130 million girls do not have access to schools.

#### 2. What is Malala's role?

- a). Leader of the United Nations.
- b). Principal of a school.
- c). U.N. Messenger of Peace.
- d) President of an educational organization.

#### 3. What education challenges does she mention?

- a). Flooding in Pakistan and conflict in Afghanistan.
- b). War in Syria and Taliban rule in Afghanistan.

- c). Natural disasters and conflicts in different countries.
- d). Both the flooding in Pakistan and the conflict in Afghanistan.

#### 4. What is Malala's main frustration about the progress on educational goals?

- a). The leaders are making small promises.
- b). The leaders are not taking action quickly enough.
- c). The leaders are not focusing on improving educational quality
- d). The leaders are not providing enough funding for education.

#### **VOCABULARY FOCUS: WORLD LEADERS**



5. Complete the following text with the words from the box:

right - ensuring - worldwide - sustainable - take - lack commitment pragmatic - free - high income

#### **EXAMPLE**

Malala Yousafzai advocates for (1) <u>free</u> education for all children, especially girls
(2)
(3) of access to education and urges leaders of (4)
countries to (5) actions such as improving the quality of education
and (6) education for all children by 2030.
Malala vows to continue fighting until every girl has the (7) to
education, expressing frustration with the slow progress.
Leaders have to be serious about their (8) for education if they want
to have a safe and (9) future for the children. They need to be bold
in their actions and to take (10)decisions.

#### SPEAKING FOCUS: WORLD LEADERS



6. In pairs, look at the following pictures and answer the questions below.



Figure 43. World Leaders.

- 1. Can you identify the people in the pictures?
- 2. What do you know about them?
- 3. Would you consider them world leaders? Why? Why not?

#### **READING FOCUS: FAMOUS QUOTES**



7. Read the following quotes carefully. Match each of them with one of the people in the pictures.

#### **EXAMPLE**

In life you can fall down 1,000 times, but the point is to have the willingness to stand up and to start again. José Alberto Mujica

- a. There exists no single formula recipe that works for everyone equally. But I do believe that there is one ingredient that all recipes should include, or at least should have the right to include. That ingredient is courage. It is necessary to have the attitude, bravery, the determination to do what must be done, even when others question, even when others question you, even when others criticize you. ......
- b. Make the lie big, make it simple, keep saying it, and eventually, they will believe it. .....
- c. If you judge people, you have no time to love them. ..... ..........
- d. Carry out a random act of kindness, with no expectation of reward, safe in the knowledge that one day someone might do the same for you......
- e. You are never too small to make a difference. .....

#### **VIDEO SESSION: LEADERSHIP**



8. First Listening: Listen to Simon Sinek talking about business leadership and jot down all the ideas you can. Then, decide which the best summary is.



https://youtu.be/NQN4mtTagLo

<b>EXAMPLE</b> : People at low levels of an organization can be leaders.	
	••••

- 1. Simon focuses on the concept of ethical leadership and its impact on organizational success. He explores how leaders who prioritize integrity and courage can inspire their teams to achieve greatness. He also discusses the idea that true leaders are constantly learning and evolving their leadership skills. Sinek concludes by highlighting the significance of courage and charisma as fundamental yet often overlooked characteristics of effective leadership.
- 2. Simon highlights that true leadership is not about rank or authority, but about the impact we have on those around us. He encourages individuals to take on the responsibility of being a leader by helping others rise and achieve their goals through servant leadership. He also emphasizes the continuous learning and development required to be a successful leader.

- 3. Simon says that leadership is solely based on rank within an organization, with those at the top automatically being considered leaders. He suggests that authority is the key factor in determining leadership, rather than trust and influence. Sinek states that financial goals and metrics are the only important aspects of leadership, overlooking the importance of servant leadership and personal growth.
- 9. Second Listening: Listen again and decide whether the following statements are true or false. Correct the false ones.

#### **EXAMPLE**

True leadership is solely based on one's position within an organization. T/F
True leadership is not related to the rank we hold in an organization. It's about
the ability to inspire, motivate, and guide others to achieve their ambitions and
dreams.

1. It is totally fine to have financial goals. T/F
2. Leadership is not solely about personal success and advancement. T/F
3. We can lead both our teams and clients by empowering them to succeed. T/F
4. The most effective leaders are constantly learning about leadership. T/F
5. Expert leaders are common in the business world. T/F
<b>6.</b> Courage is often overlooked as a key trait in leadership. <b>T/F</b>

## WRITING FOCUS: LISTING QUALITIES

10. In groups, make a list of what makes a good and a bad leader.

#### **EXAMPLE**

Bad leader
aggressive

Figure 44. Writing focus.

11. Write two well developed paragraphs of about 150-170 words on the following topics: the essential qualities of a good leader and the qualities of a negative leader. Use the ideas from the previous chart to complete the outline.

THE ESSENTIAL QUALITIES OF A GOOD LEADER	
Topic sentence	e.g. A good leader needs to be a role model who communicates the right values and ideals; someone who works for others' well-being.
Supporting sentences	1 1a.Supporting details/examples 2 2a. Supporting details/examples (3) (3a).Supporting details/examples
Concluding sentence	

The Essential Qualities of a Good Leader	

THE QUALITIES OF A NEGATIVE LEADER	
Topic sentence	e.g. A good leader needs to be a role model who communicates the right values and ideals; someone who works for others' well-being.
Supporting sentences	1 1a.Supporting details/examples 2 2a. Supporting details/examples (3) (3a).Supporting details/examples
Concluding sentence	

The Qualities of a Negative Leader

# CHAPTER 4 PERSONAL NARRATIVES

## PART 1 BIOGRAPHIES

## WARM-UP DISCUSSION



#### 1. Discuss the following questions orally with the rest of the class.

Do you know the man in this picture? What is he famous for? What do you know about him?



Figure 45. Stephen Hawking.

## **READING FOCUS: STEPHEN HAWKING**



2. Read Stephen Hawking's Biography and order the text from 1 to 10 in chronological order.

EXAMPLE: Number 1 has been done as an example.
He attended Byron House School in London, and later St. Albans School in Hertfordshire after the family moved there when he was eight years old. From a young age, Hawking showed a keen interest in how things worked. He loved to take apart clocks and radios to see how they functioned.
Stephen William Hawking was born on January 8, in 1942, in Oxford, England. He is one of the most famous scientists of the 21st century as he made significant contributions to the understanding of gravity, black holes, and cosmology. His father, Frank Hawking, was a respected medical researcher and his mother, Eileen Isobel Walker Hawking, a political activist. He had two younger sisters, Philippa and Mary, and an adopted brother, Edward.
Despite the terrible diagnosis, Hawking continued his research and made significant contributions to the field of Theoretical Physics and Cosmology. In 1968, he became a member of the Institute of Astronomy at Cambridge.
At the age of 21, Hawking received a diagnosis of amyotrophic lateral sclerosis (ALS), a neurodegenerative disease that affects motor neurons. Doctors gave him a life expectancy of two years, but he lived more than fifty years. When he was at the end of his studies at Oxford, he began to notice early symptoms of his disease. He was getting more clumsy, found it difficult to control his movements and fell over several times.
He was awarded numerous distinctions, including twelve Honoris Causa doctorates, the Order of the British Empire (CBE degree) in 1982, the Prince of Asturias Award for Concord in 1989, and the Freedom Medal in 2009, among others

	In 1979, Hawking returned to the University of Cambridge, where he was ointed to one of the most prestigious teaching positions until his retirement 2009.
divo	In spite of his physical struggle with his health disability, he was able to set a family. He married Jane Wilde in 1965 and they had three children. After his broce in 1990, Hawking began a relationship with his nurse, Elaine Mason, and e after they got married.
Eng	On March 14, 2018, at the age of 76, he died at his home in Cambridge, land.
stro	Sadly, his disease worsened over the years, leaving him almost completely alyzed and forcing him to communicate through a voice generator. However, his ng determination led him to overcome life adversity and make groundbreaking cributions in the field of Modern Physics.
3. Rea	d the following statements about Stephen Hawking and correct the ation.
inform	
<b>EXA</b> Stel	ation.
EXA Step Step	ation.  MPLE  bhen William Hawking was born on January 8, in 1942, in Hertfordshire, England.
Step	MPLE  Then William Hawking was born on January 8, in 1942, in Hertfordshire, England.  Then William Hawking was born on January 8, in 1942, in Oxford, England.

3. Hawking was diagnosed with amyotrophic lateral sclerosis (ALS) and died soor after doctors gave him a life expectancy of two years.
4. Hawking's disease prevented him from continuing his research and contributions to the field of Theoretical Physics and Cosmology.
5. Hawking kept working at the University of Cambridge until he died.
6. Stephen Hawking's disease hindered him from forming a family.
<b>7</b> . He died on March 14, 2018, at the age of 67.

### SPEAKING FOCUS: STEPHEN HAWKING



4. In pairs, ask and answer questions about Stephen Hawking using the prompts below.

#### **EXAMPLE**

A: Where/born?

B: in Oxford, England.

A: Where was he born?

B: He was born in Oxford, England.



- 1. When/born?
- 2. Why / one / most famous scientists / 21st century?
- 3. When/begin / notice / early symptoms / disease?
- 4. What / find/ difficult to control?
- 5. Have/any siblings?
- 6. When/marry/the first time?
- 7. How many children/have?
- 8. When/begin a relationship / his nurse?
- 9. How/overcome/life adversity?
- 10. How/communicate?

#### Answers:

- January 8, 1942.
- · Significant contributions to the understanding of gravity, black holes and cosmology.
- End of his studies at Oxford.
- His movements.
- Yes, he did.
- In 1965.
- · Three.
- In 1990.
- His strong determination.
- · A voice generator.

Figure 46. Pair work.

#### Follow up

5. Read Stephen Hawking's famous quotes and answer the questions below.

What do you think Stephen Hawking meant by these quotes? How do these quotes relate to his life and work? Can you relate these quotes to your own life or experiences?

Figure 47. Questions.

#### **EXAMPLE**



Figure 48. Quote 1.

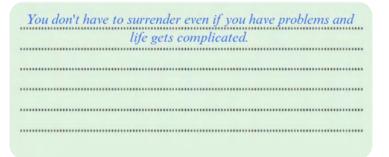
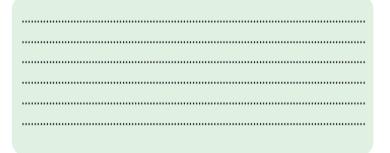




Figure 49. Quote 2.



Figure 50. Quote 3.

6. Look at the following pictures and say who these people are. Then, use the prompts to talk about them.

#### **EXAMPLE**

This is Emmanuel Macron, the president of France. He was born in Amiens, France on December 21, 1977. He is married to Brigitte Macron, who is 24 years older than him. (continue with the rest of the information)

#### **Emmanuel Macron**

#### Personal information

- December 21, 1977
- Amiens, France

#### Family

- Married to Brigitte Macron
- 24 years older than him

#### Professional Career

- A high ranking government official
- Served as minister of the Economy, Industry and Digital affairs

#### Becoming a President

- Founded his own political party La République en Marche (2016)
- Elected president of France in 2017
- Reelected in 2022

Figure 51. Emmanuel Macron.



#### Gigi Hadid

#### Personal information

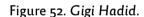
- Los Angeles, California
- April 23, 1995

#### Family

- Comes from a family of models
- Her mother, Yolanda Hadid, a farmer model
- Her sister, a well-known model

#### Professional Career

- A successful fashion model
- Walked the runway for major brands like Chanel, Marc Jacobs and Versace.
- Appeared in music videos for artists like Taylor Swift.



## LISTENING FOCUS: QUEEN ELIZABETH II





https://www.linguahouse.com/es/esl-lesson-plans/general-english/ queen-elizabeth-ii/audioplayer/queen-elizabeth-ii\_bemp3

7. Listen to Queen Elizabeth II's biography. Then, complete the timeline with the most significant events in her life.



#### **EXAMPLE**

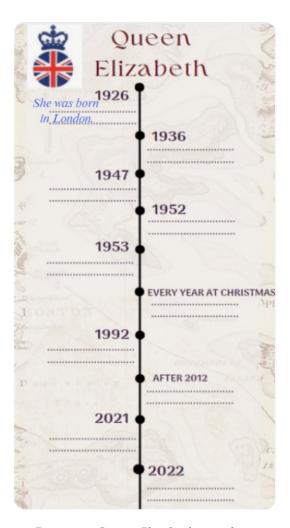


Figure 53. Queen Elizabeth: timeline.

#### 8. Listen to Queen Elizabeth's biography again and complete the sentences below.

#### **EXAMPLE**

Queen Elizabeth II grew up in London with her <u>younger</u> sister and they were educated at home.

- 1. She was not ...... to become queen when she was born.
- 2. Her uncle King Edward VIII ...... the throne and her father ...... King George VI.

3. She was at Westminster Abbey and for the first the ceremony was shown on TV and of people.	
4. Her; she as Queen was mostly Great Britain ab	
5. Elizabeth was always instantly recognisable in her classic dress, dress,	
6. Many people continue to find the family interesti shown by the of TV programmes about the queen and her fa	_
<b>7.</b> When she died, many people they had lost	their
VOCABULARY FOCUS: BIOGRAPHIES	
9. Use the following words/expressions from the listening in meaningful sent of at least eight words.	ences
EXAMPLE	
to get engaged to  After years of dating, they have finally decided to get engaged.	
to raise horses	

to reduce spending	
longest serving Queen	

### SPEAKING FOCUS: QUEEN ELIZABETH II



10. Go to the following link, look at Queen Elizabeth's photos and choose one to describe to your classmates.



https://www.nytimes.com/2022/09/08/world/europe/queen-elizabeth-ii-photos-young.html



What made you choose the photo? What does it tell you about her life and ruling?

Figure 54. Questions.

#### 11. Write Queen Elizabeth's biography using the information from the timeline.



Figure 55. Queen Elizabeth.

	••••••

#### PART 2

#### PERSONAL NARRATIVES

#### VIDEO SESSION: AN ENTREPRENEUR'S STORY



#### **Before Listening**

1. The following words have been taken from the story you are about to listen to. Have a look at them and try to anticipate what the story will be about. Share your ideas with your classmates.

to sew leather backlog tailgaters

start business entrepreneur open house workshop open house women's shelter

Figure 56. Word cloud.

2. Watch the following video in which a business owner shares her testimony about the creation of her brand and how it made a difference for the rural community.



https://youtu.be/oBuBzQ3sw2A

#### 3. Order the events of the story in chronological order.

<b>EXAMPLE</b> . Number 1 has been done as an example.
<ol> <li>She started making other types of earrings and some bracelets, and then handbags.</li> <li>They open their doors to the public once a month.</li> </ol>
3. Jill started her homestead as she had some time off work and wanted to tap into her creative side.
<ul><li>4. Some people drive long hours to be at the open house.</li><li>5. She began on a whim, pairing up a few pairs at a random price she came up with on social media.</li></ul>
6. She had a backlog of orders.
4. Watch the video again and answer the following questions fully.
EXAMPLE
What is the mission of Jill's Homestead?  Its mission is to bring luxury goods to the rural lifestyle.
1. How did Jill's Homestead start?
2. What inspired the creation of Jill's Homestead?
3. Why does the speaker appreciate having an all-women environment at Jill's Homestead?

4. How did the speaker learn to sew and do cross stitch?
5. What special memory does the speaker have related to learning cross stitch?
6. What is the significance of the open house events at Jill's Homestead?

## **VOCABULARY FOCUS: ENTREPRENEURSHIP**



5. Match each word with its definition. Write your answer in the space provided.

EXAMPLE: 1f

CONCEPT	DEFINITION	ANSWER
1. homestead	a. someone who learns a skill or subject without formal education or a teacher.	f
2. gals	b. a break from work or responsibilities to relax or do something different.	
3. time off	c. a sudden and impulsive idea or desire that may change quickly.	
4. to head out	d. a type of embroidery that uses X-shaped stitches to create patterns on fabric.	
5. revitalize	a. informal term for girls or women, often used in a friendly way.	

CONCEPT	DEFINITION	ANSWER
6. cross stitch	f. a piece of land where a family lives and farms, often including a house and buildings.	
7. self-taught	g. to bring new life or energy to something, making it active or fresh again.	
8. whim	h. to leave a place to go somewhere else, usually for an activity or purpose.	

## 6. Complete the following sentences with suitable words/ expressions from the box below.

```
head out - backlog - women shelter - come up with - time off - sew -
open up - line up - whim- entrepreneur - tailgaters - self taught -
open house - random - homestead - revitalize
```

#### **EXAMPLE**

The city council is planning to <u>revitalize</u> the downtown area by investing in new infrastructure and businesses.

- 5. Due to the holiday season, the company has a significant ...... of orders to fulfill.
- **6.** He is a ...... programmer, having learned coding from online tutorials.
- 7. She loves to ...... her own clothes and create personalized outfits.

8. The local provides a safe haven for those escaping domestic violence.
9. The fans started to hours before Taylor Swift's concert began.
10. The set up their grills and chairs in the parking lot before the big game.
11. She took some work to travel and recharge.
12. We're soon, so grab your coat and let's go.
13. She managed a brilliant solution to the problem.
14. The school held an for parents to meet the teachers and tour the facilities.
Use the following words/ phrases from the text in meaningful sentences of at least words.
EXAMPLE workshop The company offered a training workshop for the new employees last weekend.
1. a dot on the map
2. passionate about
3. to stay overnight
4. to lend talent
5. to support

## READING FOCUS: STORIES FROM THE COVID-19 PANDEMIC



#### **Before Reading**

8. Pair work. Look at the picture and discuss with your classmate how the COVID-19 pandemic affected your personal life and daily routine.



Figure 57. The Covid-19 pandemic.

9. Read the following reflection on the COVID 19 pandemic.

During the COVID-19 pandemic, people around the world faced various challenges and impacts. There were significant changes in daily life due to lockdowns, travel restrictions, and social distancing measures. Many people experienced health issues due to the virus, while others faced economic hardships from job losses and business closures. Mental health also became a major concern as people dealt with isolation, anxiety, and uncertainty. On a positive note, communities came together to support one another, healthcare workers showed incredible resilience, and scientists worked tirelessly to develop vaccines to combat the virus.

Figure 58. The Covid-19 pandemic introduction.

10. Read the following stories about how people spent their time during the COVID 19 pandemic and do the tasks below.

#### **MAGDA**

I am Magda and I am from Croatia. My father is a construction foreman and my mother a housewife. I am a senior university student, and I study Geology. After the first COVID-19 case in Zagreb in March 2020, we switched to online education. I went back home to stay with my parents and two sisters. It was a very difficult time as we had to live together during the lockdown. Having online classes while staying with my family affected me badly in every sense. I had to help my mother to do house chores as my sisters were just 5 and 10 years old. All the burden fell on my shoulders since my parents were also working from home. Usually, my father does not do domestic chores unless the rest of the household is all sick. So I had to do almost all the housework, not only preparing meals, washing dishes, cleaning the house, doing laundry, and looking after my younger sisters, but also studying online. It was difficult and exhausting to follow online classes, submit papers, and take exams. I remember times when I was cooking while also trying to respond to exam questions. Due to all that stress, I ended up having physical and psychological health issues. I lost a lot of weight, my stomach got worse, my eyesight diminished, and I had panic attacks. As I was trying to catch up with everything, I had to go to bed late at night and get up early in the morning and I started to have sleep disorders. Consequently, I had to consult a psychiatrist as the pandemic exacerbated my psychological problems. Although I used to get on well with my family, I started to have quarrels with my parents. Besides, online education was another problem. I did not have a computer and our house did not have a stable internet network, so I had to use my phone and its data to download the documents professors shared with us and write my papers and exams. Before the pandemic, I had never failed a course but under those circumstances, my grades dropped considerably. Nevertheless, I motivated myself to continue, thinking that I should complete my education and have my economic independence. It was a hard time for all the students who had to return home and study online.

#### JOY

I am Joy. I work as a nurse and work at a hospital in Chicago. During the pandemics I had to go to work out from home. It was very complicated because of the protocol we had to follow. Doctors and nurses worked on the frontline so they remained acutely vulnerable to COVID-19 infection. As part of our preventive measures, we had to wear complete protective equipment. After only half an hour in that equipment, you were drenched in sweat and it was physically tough to perform our usual tasks in that outfit. If we discovered we were infected with COVID, we stayed in quarantine for 15 days. We worked, slept, and lived in the red zone for 15 days with other colleagues, and then we spent 15 days at home in isolation so that we could return to work again. We slept in the offices, in the dining room, and in the common rooms and we had prolonged shifts during day and night. The psychological impact was also huge - not seeing family or friends too often, and not being able to socialize or do anything that usually helped reduce stress and cope with work, was really difficult too. Nevertheless, great connections and solidarity was created between all the hospital workers and even the patients who could not see their loved ones for long periods of time until complete recovery. The pandemic has positively changed my attitude towards work, colleagues and life in general and I feel glad I could help people undergoing physical and psychological distress.

11. Decide which of the following statements are about Magda's story and which ones about Joy's.

#### **EXAMPLE**

We switched to online education after the first COVID-19 case in Zagreb in March 2020. M/J

- 1. I remember it was a really tough time. M/J
- 2. It was really difficult to live together with my family during the lockdown. M/J

- 3. We had to wear disposable gowns, gloves and a cap. M/J
- 4. Having online classes while staying with my family affected me badly in every sense. M/J
- 5. We had prolonged shifts during the day and night. M/J
- **6.** All the burden fell on my shoulders since my parents were also working from home. **M/J**
- 7. Only half an hour you were drenched in sweat. M/J
- 8. I ended up having physical and psychological health issues. M/J
- 9. People of all ages expressed their gratitude. M/J
- 10. I had to use my phone and its data to download the documents professors shared with us. M/J
- 11. My grades dropped considerably. M/J

#### **VOCABULARY FOCUS: COVID-19**



12. Complete the following sentences with the correct word/phrase taken from the texts on Magda and Joy.

online education- dropped- look after- stable- uncertainty- senior university student- submit - construction foreman - lockdown-household chores- to cope with- distress- quarantine- gowns-prolonged shifts- drenched in sweat

Figure 59. Vocabulary about Covid-19.

#### **EXAMPLE**

await their results.

During the *quarantine*, many people had to adapt to new routines.

1. He decided tohis assignment early to avoid any last-minute stress.
2 can offer flexibility and access to resources from anywhere in the world.
3. After losing his job as a, he started looking for new employment opportunities.
4. It was difficult to both his younger siblings and his studies.
5. Many families had to take on additional during the pandemic.
6. There is still a lot of about when things will return to normal.
7. She out of the course because she couldn't keep up with the workload.
8. Finding a job in today's economy can be challenging.
<b>9.</b> As a, he is looking forward to graduating and starting his career.
10. The doctors and nurses wore protective during their shifts.
11. After working, the healthcare workers were completely
12. She found it hard the constant stress of the pandemic.
13. The of dealing with critically ill patients took a toll on their mental health.
14. Those who have been tested for the virus should self as they

# **SPEAKING FOCUS: COVID-19**



13. In small groups, make a list of the positive and the negative effects of the COVID-19 pandemic.

COVID-19 PANDEMIC		
POSITIVE EFFECTS	NEGATIVE EFFECTS	
e.g. people could work from home	e.g. people got isolated	

# WRITING FOCUS: LISTING EFFECTS



14. Write a well-developed paragraph of about 150-170 words on one of the following topics: the positive or the negative effects of the COVID-19 pandemic. Before writing your paragraph, complete the following outline.

PARAGRAPH OUTLINE		
Topic sentence		
Supporting sentences	1 1a.Supporting details/examples 2 2a. Supporting details/examples (3) (3a).Supporting details/examples	
Concluding sentence		

The	Effects of the COVID-	19 Pandemic

#### **MOCK TEST**

Time allotted: 60 minutes

1) Reading Comprehension
Read the text and then do the activities below.

#### Food for a community

Every year for many years, the people of Milpa Alta, Mexico, have prepared a feast in the week before Christmas. Sixty thousand tamales and 15,000 litres of hot chocolate are made in less than a week, not too much and not too little for the thousands of people who show up for the feast. The feast is called *La Rejunta* and is made for pilgrims preparing for the long walk to the holy cave of *El Señor de Chalma* on January 3rd. The people responsible for organising *La Rejunta* are called the *majordomos*. It's an honour to be chosen and so many people want to do it that the waiting list is full until 2046.

The stages in the organisation of La Rejunta are the same every year. Tradition is important to the Milpa Alta people. Corn has been grown here for hundreds of years and the name of the region means 'high cornfield'. Local farmers grow most of the corn, meat, and vegetables needed as ingredients for the meal. And a year before the event, the men go to the forest and collect wood that they pile up high near the home of the majordomo so that it will be properly dried before it's used for open-air cooking. This year's majordomos are Virginia Meza Torres and her husband Fermín Lara Jiménez. 'There is an infinity of things to do,' Virginia Meza Torres says firmly, as if to indicate there is no time to talk. Virginia is heading to the local offices to get the necessary permits and Fermín sets off into the countryside in search of more ingredients. They leave their daughter Montserrat Lara Meza in charge. She is a 24-year-old graduate student who's come home to help her parents for the week. Volunteers are starting to

arrive and Montserrat wanders down the hill to a shed to see how the toasting of the corn is going. Everything is made from the basics – no instant mixes or other culinary shortcuts are allowed.

When the day of La Rejunta arrives, the volunteers have been up all night, though no one admits to feeling tired. Fermin has made sure there are enough tamales for everyone, and the head cook has been stirring the atole (chocolate drink) all night. After a 14-year wait, and a full year of preparation, it's almost time for Fermin and Virginia to hand over responsibility to the next majordomos. But first, there are thousands of cups of atole to serve.

a) Decide whether the following statements are true or false. Correct the false

statements.
1. La Rejunta feast is held once a year.
2. Pilgrims to the holy cave are called majordomos.
3. It's hard to find people who want to organise the feast.
4. Preparations for the feast start a year in advance.
5. Virginia and Fermin are too busy to spend much time with the author.
<b>6.</b> In Milpa Alta, people pay attention to traditions only at certain times of the year.
7. Fermin and Virginia have to choose the next majordomos.

b) Read the story again and make questions for the following answers.
1?
Yes, it is.
2?
It means high cornfield.
3?
Because she is helping her parents for the week.
4?
Instant mixes or other culinary shortcuts.
5?
They have waited for 14 years.
2) Use of English and Vocabulary Write meaningful sentences using the words given. Each sentence should be at least
8 words.
a) to pursue
, p
b) overrated
,
c) unpredictable
d) turnover
·

e) non-renewable			
f) to head out			
3) Write a well-developed paragraph between 150 and 170 words about the advantages of B&B accommodation. To develop the ideas, you can focus on affordability, the opportunity to meet people and its flexible schedule.			

## **MOCK TEST: ANSWER KEY**

#### 1. Reading comprehension

- a) Decide whether the following statements are true or false. Correct the false statements.
- 1. True
- 2. False. Pilgrims are the people who go to the holy cave. Majordomos are the people who organize the feast.
- 3. False. Many people want to be majordomos, and there's a long waiting list.
- 4. True
- 5. True
- 6. False. The people of Milpa Alta value tradition throughout the year, as seen in their corn farming practices.
- 7. True
- b) Read the story again and make questions for the following answers.
- 1. Is La Rejunta held every year?
- 2. What does the name Milpa Alta mean?
- 3. Why is Montserrat Lara Meza in Milpa Alta?
- 4. What kind of ingredients are used in the preparations for La Rejunta?
- 5. How long have Fermin and Virginia waited to be majordomos?
- 2) Use of English and Vocabulary

Write meaningful sentences using the words given. Each sentence should be at least 8 words.

a) to pursue

Tom's idea is to pursue a master's degree in environmental science after he graduates.

#### b) overrated

I thought the movie was totally overrated as the plot was weak and the acting wasn't impressive.

# c) unpredictable

The stock market can be very unpredictable, which makes investing a risky endeavor.

## d) turnover

The restaurant struggles with high staff turnover, which affects the quality of service.

#### e) non-renewable

We must reduce our dependence on non-renewable energy sources like coal and oil.

#### f) to head out

We're going to head out early in the morning to avoid traffic.

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# Colección Enseñanza en Lenguas

Esta colección reúne materiales educativos producidos por docentes de la Facultad de Lenguas para el estudio de las diversas lenguas y culturas que conforman su propuesta académica: alemán, español, francés, inglés, italiano, portugués.

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